These Boots are made for Walking and Standing...

During the Louisiana Floods of 2016 at Baton Rouge • deployment, CDR Carla Hinz (then LCDR) conducted a survey of RDF-3 team members for a list of boot Boot Recommendations by team personnel: Prices suggestions that made deployment operations less listed below are approximate. traumatic on your feet. Here is what she found out...

*Boot requirements per regulations: 8-10" uppers, Leather or fabric, plain or capped toe, black leather or brushless black, steel toes and zippers are optional

Tips

- Invest in some good wicking socks (e.g., Smart-Wool Hiking Socks - Midweight, Merino Wool (For Men and Women) https://amzn.com/B01IX4UZTK
- Consider buying liner socks (e.g., Fox River Adult Military Ultra-Light Weight Dress Liner Crew Socks (2 Pack) https://amzn.com/B00891PTEY, and doubling up; practice wearing these before deployment.

- Break new boots in prior to deployment.
- Use Elastic Blousing Garter Foliage Green (e.g., https://amzn.com/B0034UP3ZU)
- Good inserts: Phase 4 platinum (<u>www.walkfit.com</u>)

Good-to-Excellent Boots (listed in random order)

- Original SWAT (\$90)
- Danner Tachyon (\$140)
- \Rightarrow Nike combat boots (\$140)
- \Rightarrow ATAC 511 tactical (\$90)
- ⇒ Belleville Tactical Research (\$135)
- ⇒ Black Hawk Military Warrior Wear (\$125)
- \Rightarrow Danner Acadia (\$350)
- ⇒ New Balance Tactical Boots 991 MBK (\$115)
- Belleville Black Desert Combat (\$120)
- ⇒ Bates Men's GX-8 8 Inch Ultra-Lites GTX Waterproof Boot (\$150) https://amzn.com/ B000HV5FS4

* Any opinions or thoughts presented within The Junior Officer Chronicles are solely those of the author and do not represent the USPHS, United States Department of Health and Human Services (HHS), or any other government agency.

Response Teams' "On-Call Month" Schedule							
MONTH	RDF	APH	т мнт	SAT	CAP	NIST/EMG	TIER III
Jan-201	3	3	3	3	3	Roster C	Roster C
Feb-2017	4	4	4	4	4	Roster D	Roster D
Mar-2017	5	5	5	5	5	Roster E	Roster E
Apr-2017	1	1	1	1	1	Roster A	Roster A