



Top of the World Toastmasters (Club No. 4087) presents  
**High Performance Public Speaking Seminar**

*Does Public Speaking Give You the Chills?*

Overcome your glossophobia (fear of public speaking) by attending this one-day workshop!

When: Saturday, March 28, 2020, from 8:30 a.m. to 4:30 p.m.

Where: First National Bank Operations Center  
1751 Gambell Street  
Anchorage, Alaska 99501

Cost: \$100.00

What's Included:

- Participate in a short demo Toastmasters meeting, and hear speeches on drafting, preparing, and evaluating speeches from experienced members of local Toastmasters clubs in Anchorage
- Prepare and present a short speech about yourself in small, supportive, mentored groups of 5, with two mentors per group
- Mentors are experienced speakers from local Toastmasters Clubs in Anchorage
- Receive feedback on your speech, and assistance with redrafting your speech to present to a larger group of 10 attendees
- full lunch, plus beverage service throughout the day
- paid 6-month membership in Top of the World Toastmasters club,<sup>1</sup> so that you can continue to build on the skills you learn during the seminar
- The chance to meet representatives of local Toastmasters clubs during the lunch hour to learn more about clubs in the Anchorage area

If you would like to take your speaking skills from shaky to self-assured, this seminar can help!

<https://www.eventbrite.com/e/high-performance-speaker-seminar-tickets-95776190163>

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<sup>1</sup> Top of the World Toastmasters meets Tuesday evenings from 6:00 p.m. to 7:00 p.m. at Providence Extended Care, 920 Compassion Circle in Anchorage (closest major intersection is DeBarr and Lake Otis). Membership may be transferred to another Anchorage Toastmasters club if this meeting date and time is not convenient for you.